

NBRC Lap Pool

February 1-28

Pool schedule is subject to change. Please check the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			-				
6:00am							
6:30am		Lap Swim		Lap Swim			
7:00am	Lap Swim	6:00-8:00	Lap Swim	6:00-8:00	Lap Swim	3 lanes open	
7:30am	6:00-9:00		6:00-9:00		6:00-9:00	7:00-9:00	
8:00am		4 lanes open 8:00-9:00		4 lanes open 8:00-9:00		Boulder Swimming	2 lane open
8:30am		Drop-in H20 Fit		Drop-in H20 Fit		Gwiiiiiiig	8:00-9:30 BAM
9:00am	4 lanes open 9:00-10:00 Drop-in H ₂ 0 Fit Lap Swim	Lap Swim 9:00-12:00 4 lanes open 12:00-1:00 BAM	4 lanes open 9:00-10:00 Drop-in H ₂ 0 Fit Lap Swim	Lap Swim 9:00-12:00	4 lanes open 9:00-10:00	3 lanes open 9:00-11:00 Flatirons	
9:30am					Drop-in H ₂ 0 Fit		3 lanes open 9:30-10:30 BAM
10:00am					Lap Swim		
10:30am	3 lanes open 10:30-11:30 BAM		3 lanes open 10:30-11:30		3 lanes open 10:30-11:30		Lap Swim 10:30-1:00
11:00am			BAM		BAM	Lap Swim 11:00-1:00	
11:30am							
12:00pm				4 lanes open 12:00-1:00 BAM			
12:30pm							
1:00pm							
1:30pm	Lap Swim 11:30-4:00		Lap Swim 11:30-4:00		Lap Swim 11:30-4:00	3 lanes open	3 lanes open
2:00pm		Lap Swim		Lap Swim		1:00-4:00 Open Swim,	1:00-4:00
2:30pm		1:00-4:00		1:00-4:00		Drop Slide, &	Open Swim, Drop Slide, &
3:00pm						Diving Board	Diving Board
3:30pm							
4:00pm	2 lanes open 4:00-5:30 BHS/Elks	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Elks	3 lanes open 4:00-5:30 BHS	2 lanes open 4:00-5:30 BHS/Elks	Lap Swim 4:00-6:30	Lap Swim 4:00-7:30
4:30pm							
5:00pm							
5:30pm	6 lanes open	4 lanes open 5:45-6:45 Drop-in Zumba	5 lanes open	Lap Swim 5:30-7:00	6 lanes open		
6:00pm	3 lanes open 6:00-7:00 BAM & Lessons		6 lanes open 6:00-7:00 Lessons		Lap Swim		
6:30pm					6:00-7:00		
7:00pm	4 lanes open Drop in H20 Fit 7:00-8:00	Lap Swim 6:45-9:00	Lap Swim 7:00-9:00	6 lanes open 7:00-8:00 D3			
7:30pm							
8:00pm	Lap Swim 8:00-9:00			Lap Swim			
8:30pm				8:00-9:00			
9:00pm							

"Lanes open" indicates lanes open to the public.